

Long Family Dental

POST OPERATIVE CARE FOR SCRP with ARESTIN & LASER TREATMENT

Congratulations! You have just completed the preliminary step in the treatment and maintenance of your periodontal disease.

Over the next three months, your gum health will be changing and the success of this change will depend highly upon your homecare routine. Today, and for the next few days, you may experience some mild soreness and temperature sensitivity with your teeth. Please refer to the after-care instructions below to assist in the healing and pain control.

Managing Pain The length of time you may experience discomfort varies. Please follow the instructions as necessary:

- Ibuprofen or Tylenol as needed
- Soft bristle brush twice daily for 2 minutes
- No flossing in treatment areas for 1 week
- Use any Rx rinses as recommended by dental professional
- Salt Water rinse if there is gum tenderness
- High fluoride toothpaste available from our office if cold sensitivity persists

Your next appointment will be in 1 to 2 weeks for follow-up and stain removal. Following this appointment, it is necessary that you come in for periodontal maintenance appointments every 3 to 4 months to ultimately maintain the healthy state of your oral health. Delinquency in these appointments and lack of commitment to homecare can result in relapse of your periodontal disease and the need for retreatment.

Contact Us If you have any questions or are concerned about any matter regarding your periodontal treatment; please call our office.